

WALK With Us:

Pieces About Kindness and Chesed



Written By Ramaz Lower School Students

Edited by Mrs. S. Medows

“Friendship Poem”

By Sonia Dushey and Brooke Zivitofsky (Efrat)

There's always a friend you need,
there's always a friend you want.
There's always time to play nice.
There's always time to share.
There's no time to scream,
there's no time to cry.

Untitled

By Joshua Gruenstein (Efrat)

You know there are friends in the world,
But some of them are not like you!

Untitled

By Elianna Schwartz (Ashkelon)

Friendship is being nice to one another.
Like they say on the loud speaker,
Respect, responsibility and kindness!

Untitled

By Tess Bernstein (Bat Yam)

I stand up for myself.
I stand up for my friends.
Make sure to be nice until the friendship ends.
Listen to your mother
and you will be friends with one and another.
If you get into a fight
your friends, they're just trying to do what's right.
If you're wise you'll listen to the words in this poem
and that's where we stop.

Untitled

By Talia Feingold (Bat Yam)

This is how my story goes. I was in the lunch room learning Chumash and minding my own business. All of a sudden I looked down at the chair and saw a ring. It was the most beautiful ring I had ever seen. It had a crown on it and a lot of diamonds. I picked it up and held it in my hand. I could not help feeling bad for whoever lost it. At the end of the period I told my teacher Morah Shlomit. She said I should take it to the lost and found. I thought that that was a very good idea, so that is what I did. When I got to the office, I had to wait, so I talked to Rabbi Sacks. When it was my turn, I held the ring in my hand for Johanna to see. She said that it was very pretty. I put it in the lost and found.

P.S. This really happened to me on February 15, 2005

“Kindness”

By Doria Kahn (Bat Yam)

Roses are red
Violets are blue.
Kindness is special for me & you.
Kindness is great
Kindness is grand
It's great to lend a helping hand!
To help a friend is really fun,
We can all do it!
Yes every one!

Untitled

By Jonathan Lindenbaum (Bat Yam)

Roses are red,
Violets are blue
When I think
about kindness,
I think about you.

“Kindness”

By Rachel Meyer (Beersheva)

Kindness, Chesed, these are great, fabulous and incredible words. They mean being kind, of course, and being nice to one another. If the world succeeds in doing this great mitzvah, I believe there will be peace. I think I know the reason kindness beat respect and responsibility in the Ramaz Lower School mitzvah vote last year:

1. Kiddush is an example of a responsibility that Hashem has given us. But respect beats responsibility because it's all the mitzvot. You are giving Hashem respect by listening to His commandments.
2. So how did kindness beat responsibility, is the question here? I have the answer... Respect might make people feel great and they feel like they have power and feel special, but kindness is respect while you are being nice to one another and doing mitzvot, so it's all three put together.

This past Shabbat, I went to a Shabbat lunch at my parents' friends' house and I really, really, didn't want to go to. There were screaming preschoolers and crazy babies in diapers all around the house, but no one my age. The grown ups wanted to have a nice Shabbat lunch, but it seemed impossible and a miracle if it could happen. So I came to the rescue, trying to be kind and let the grownups have a nice Shabbat lunch. I played with the babies and got the preschoolers busy with something not wild. I also made sure that my brother, who was being left out, was OK. I felt I was being kind not only to the grownups but to the kids too. I felt fabulous, and I realized how nice it is to be kind to others and make others feel good even if it's not where I wanted to go that day when I heard about babies in diapers and preschoolers who were going to be there. Chesed Rocks, Chesed Rules, Chesed means kindness. Take away the word chesed from each R and you get Rocks, Rules and Kindness as our newest three Rs.

"I Am the Chesed!"

By Benjamin Rabinowitz (Beersheva)

I always do chesed because I'm always in chesed. Sometimes I help my mom and dad. Well this is my story: I was in a birthday party, and it was fun! I had some soda and candy and pizza, and then I saw there was a bully being mean to a kid and the kid getting bullied is named Zachary. I was thinking I should help him and that's what I did. I helped him in a good way. That's my story! That's why I call this story I'm the Chesed!

Untitled

By Zachary Rochlin (Bnei Brak)

Ramaz is great. Better than a mate.

Cooler than other schools.

The teachers are nice. Nicer than mice.

I love Ramaz.

“Rofeh Cholim”

By Benjamin Shiff (Bat Yam)

On Mitzvah Day last year I went to visit an old couple and brought them food for Pesach. They were really nice. They were from Iran. The reason we brought food for them is they couldn't leave their home. We sang songs and talked. We sang Pesach songs. We were there for about 45 minutes. Me and my brother gave them the food. I want to do it again!!!!!!

Untitled

By Pamela Brenner (Golan)

Roses are red, violets are blue,
kindness is something that we all should do.
No only you, everyone too.

“Kindness”

By Lea Chetrit (Golan)

Roses are red violets are blue.
Kindness is something that everyone should do,
not only you,
everyone too.
Sometimes you're harsh in March.
But when you look in the mirror
you still see a little kindness in you,
because your friends respect you too,
and now you see how good it feels
when somebody helps you.
Maybe the person that got hurt
should not feel better than you.
You should, because you help,
and that's what you need to do.

* * *

Once, my friends were not including me. My other friend played with me instead, even though they were playing such a fun game, and she yelled at them. But, I made up with them, and we became best friends again.

“Kindness”

By Adam Lassner (Gush)

Kindness is not about being mean or rude, it's about love and friendship. Just like Hashem is kind to us, we should follow in his footsteps and be kind to our friends. This is how our school, our shul, and how Israel stays together.

Giving tzedakah, visiting the sick, inviting guests into your house even if they are strangers are examples of kindness. Doing acts of kindness should make you feel very good inside.

Everyday on the loudspeaker Rabbi Berkowitz says "V'ahavta liracha kamocha." This means that we must love our friends and much as you love yourself. It further means that you want to treat others nicely, like you would want to be treated yourself. This year's Ramaz Lower School Zimriah was about friendship. To have friendships you must be kind, honest and loving to one another. Kindness is a very important part of staying together.

“Kindness is Contagious”

By Olivia Mittman (Galil)

Kindness is contagious
Anyone can do it, you don't need to be courageous

Kindness is when you do good deeds
Especially for those who are in need

Kindness is when you give up your seat
Whether it's for the handicapped, the elderly, or the weak

Kindness is when you say please and thank you
And don't forget to say "bless you" after ACHOO!

Kindness is taking care of your sister or brother
Even when their face is full of peanut butter

Kindness is when you help your Mom and Dad
Even when you feel angry or sad

Kindness is when you visit the sick
And you don't even look at the clock tick

Kindness is including others when you play
And wishing everyone a very nice day

Kindness is never teasing or making fun
And if you see others doing it, be sure to stick up for that one

Kindness is contagious
Anything else would be outrageous!

“Kindness”

By Max Skidelsky (Galil)

Kindness in what's said and done

Is always fun for everyone,

But if you try to do more chesed

You might just find that you are blessed!

“Friend Forever”

By Sara Weintrob (Golan)

My name is Shaina. I have a best friend named Rivky. Me and Rivky had been with each other forever, and we've always been in the same class. Only this year, when we entered 3rd grade, we were in different classes. We went into the school building. Even though it was the first day, my class learned and learned like a regular school day. After school, I was looking for Rivky, wondering if we could have a playdate. I spotted her under the oak tree in the yard. She was with someone. I walked over to her. She saw me and automatically said, “This is Esther.”

I responded, “Uh, er, hi Esther.” I turned to Rivky. “I wanted to know if we could have a playdate. I have homework to do but...” Rivky interrupted me.

She said, “Homework!?! On the first day?! We don't have any.” The broad big face of Rivky's, turned into a smug little one, “Besides, me and Esther already made plans for today.” And with that, Rivky and Esther skipped along, giggling together.

The next day, Rivky acted the same way she had the day before, mean and rotten, not even noticing my reactions. After school that day, I ran home, ran up to my room and shut the door. When it was safe, I burst out crying. As I started to stop crying, I could feel my face turning redder and redder with anger. When I completely finished crying, I was steamed. It wasn't like Rivky to act this mean, especially toward me. I seemed to calm down in my sleep.

The next morning I walked to school. I decided to be nice to Rivky. Then, maybe she would be nice to me back. I was totally wrong. I couldn't believe how cold Rivky was acting. This went on, and on, and on for about four weeks. Until today, we were having lunch, I got my food and sat down. I ate and ate until I heard a voice say nervously, “Could I s-sit here?”

I looked up and it was Rivky “Yah, sure,” I mumbled. She sat down.

She said, “The truth is I'm really sorry. I guess I just got carried away. Now maybe at recess we could play double Dutch together. That's what best friends are for, right?” She looked at me nervously. “I mean we're still best friends, right?” She asked softly.

“Of course! You and I are best friends forever!”

“Kindness: The Poem”

By Daniel Dellal (Degania)

Kindness is a rainbow of joy and peace. Kindness helps the existence of life, as life looks up at the rainbow of kindness that has saved it. Kindness can be done to every living thing whether it's being careful not to kill a tiny ant, to making efforts to save the huge whales or giving some money to people or animals less fortunate than us. With kindness in all of our hearts we can rid the earth of all evil. That is why we should all do an act of kindness today. Together we can make G-D happy that he created this world.

“The Peril of Fights”

By Jessica Gruenstein (Dafna)

With all the fuss of war in sight,
How little there is kind
With all the war it's mostly blame,
Or crying all the night.
If war were to go up in flame.
You'd lie upon your bed.
And then you'd cry so wildly-
But happy tears instead.
If you will take the risk to share,
And not have wild fights,
We'll maybe let Moshiach come
One of these long nights.

Untitled

By Desi Sakhai (Degania)

It was September, and it was Daniella's first day of school. She was very nervous. In her first period everyone made fun of her, and she felt very sad and lonely.

Daniella thought this was her worst day of school.

In her second period there was a girl named Suzie. Suzie very nicely went up to Daniella and introduced herself. Daniella said, "You are the first person who has been nice to me."

Suzie said, "First day of school huh? You nervous?"

Daniella answered by saying, "Very nervous."

Suzie said, "Maybe after school I can show you around?"

"Sure, that would be very nice." After that Daniella and Suzie became friends.

Daniella and Suzie were always polite and nice to each other. One day they had a play date. Suzie wanted to do an art project, but Daniella wanted to play on the computer, and they were not being nice. Two minutes later Daniella said, "Ok. I think that we should do both. First we could do the art project, and then we can play on the computer."

On that day they learned that if there is a problem it can be fixed. Instead of acting like a baby, be a grown up. After that day they still had small fights but they always knew how to solve these problems. They knew how to fix their problems because they understood what it meant to be a friend.

TABLE OF CONTENTS

<i>"Friendship Poem"</i> Sonia Dushey and Brooke Zivitofsky (Efrat)	
<i>Untitled</i> Joshua Gruenstein (Efrat)	
<i>Untitled</i> Elianna Schwartz (Ashkelon)	1
<i>Untitled</i> Tess Bernstein (Bat Yam)	
<i>Untitled</i> Talia Feingold (Bat Yam)	2
<i>"Kindness"</i> Doria Kahn (Bat Yam)	
<i>Untitled</i> Jonathan Lindenbaum (Bat Yam)	3
<i>"Kindness"</i> Rachel Meyer (Beersheva)	4
<i>"I Am the Chesed!"</i> Benjamin Rabinowitz (Beersheva)	
<i>Untitled</i> Zachary Rochlin (Bnei Brak)	5
<i>"Rofeh Cholim"</i> Benjamin Shiff (Bat Yam)	
<i>Untitled</i> Pamela Brenner (Golan)	6
<i>"Kindness"</i> Lea Chetrit (Golan)	7
<i>"Kindness"</i> Adam Lassner (Gush)	8
<i>"Kindness is Contagious"</i> Olivia Mittman (Galil)	9
<i>"Kindness"</i> Max Skidelsky (Galil)	10
<i>"Friend Forever"</i> Sara Weintrob (Golan)	11
<i>"Kindness: The Poem"</i> Daniel Dellal (Degania)	
<i>"The Peril of Fights"</i> Jessica Gruenstein (Dafna)	12
<i>Untitled</i> Desi Sakhai (Degania)	13